



INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH

IN SCIENCE, ENGINEERING, TECHNOLOGY AND MANAGEMENT

Volume 8, Issue 1, January 2021

ISSN

INTERNATIONAL
STANDARD
SERIAL
NUMBER
INDIA

Impact Factor: 7.580



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Green Gold: The Importance of Forests for Our Planet

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ABSTRACT: The paper emphasizes the importance of preserving and managing natural ecosystems and habitats for the survival of various species of plants and animals, as well as for the well-being of human beings. The author highlights the role of forests as highly productive and ecologically sensitive areas that provide numerous ecological services such as protection of water resources, soil protection, flood control, and provision of recreational facilities. The article also emphasizes the need for ecological ethics and a land ethic that puts Man as the steward of nature and highlights the moral responsibility to protect the environment for future generations. Finally, the author calls for the integration of economic and ecological systems to achieve sustainable development.

KEYWORDS: Forests, types, forest-issues, sustainability.

I. INTRODUCTION

Forests are defined as areas dominated by natural vegetation consisting of trees, shrubs, climbers, and ground cover. They are the most prominent geo-ecological feature on earth, covering approximately a quarter of its land area and accounting for around 75% of the gross primary production of the biosphere. The distribution of plant life is influenced by various ecological factors, such as temperature, precipitation, light, soil, and wind. The varying amounts and seasonal distribution of these factors contribute to the diversity of vegetation types. Additionally, geology and soil conditions play a significant role in determining the distribution of forests across the globe.

II. FOREST TYPES

Forest types are the natural vegetation of most regions of the Earth, except for areas with extremely cold or dry climates that cannot support forest growth. These regions include the Polar regions, deserts, and upper slopes of mountains. In more humid, temperate, and tropical areas of the world, there are three main types of forests:

1. Tropical Hardwood Forests - These forests include both evergreen rainforests of equatorial latitudes and the tropical monsoon forests. Most trees are broad-leafed and yield valuable hardwoods such as Teak, Ebony, Mahogany, and Ironwood.
2. Temperate Hardwood Forests - These forests are found between 30° and 50° North and South latitudes where temperatures and rainfall are moderate, and the seasonality of the climate is not extreme. The trees are mostly deciduous, and they yield a wide variety of Hardwoods such as Oak, Ash, Beech, and Poplar. These forests have been greatly destroyed by humans due to mid-latitude favourable climates and rapid population expansion.
3. Coniferous forests - These forests cover a wide belt of land in both North America and Eurasia, located to the north of the temperate hardwood forest belt, between 50° to 70° North latitudes. They also grow on uplands and mountains in temperate areas. Conifers are tall, straight, evergreen trees with narrow, needle-like leaves and bear their seeds in cones. They are generally softwood trees, and the chief species are Spruce, Pine, Fir, and Larch.

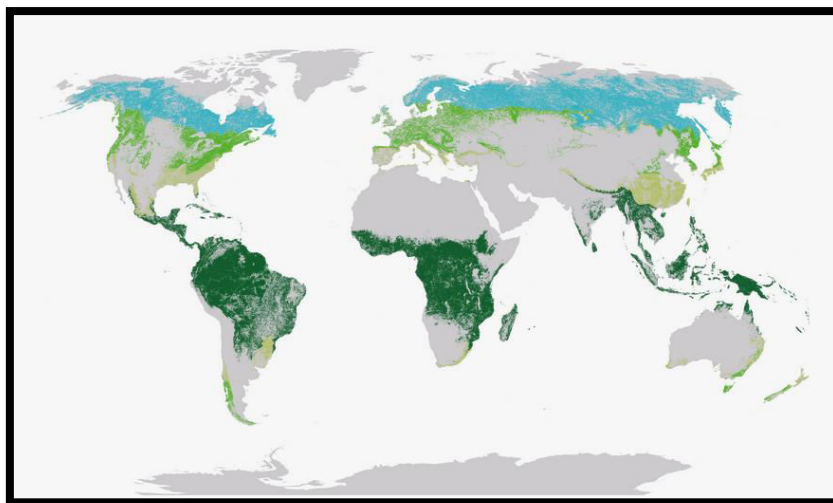


Figure 1: Major Forest areas of the World

III. FOREST FUNCTIONS

Throughout the evolution of humanity, forests have been relied upon for basic needs such as food, clothing, and shelter. Forests have served as the settlement areas for numerous tribes around the world. The uses of forests can be broadly categorized as consumptive and productive.

The consumptive uses of forests involve the consumption of forest produce by local people for subsistence purposes such as food, fodder for cattle, fuel wood and charcoal for cooking and heating, material for building homes, timber for construction and household articles, sericulture for silk, apiculture or rearing of bees for honey and wax, and medicinal plants and herbal cosmetics. Additionally, forests provide tangible products that are sold for income, such as minor forest products like gum, resin, fruits, nuts, spices, cork, honey, and wax. They also provide raw materials for many household, small-scale and large-scale industries. For instance, bamboo is used to make baskets, cots, and huts, while tendu leaves are used in bidi industry besides making mats, screens, and other household articles. The paper and pulp industry, yarn industry, paints, cellulose, and matchbox manufacturing use wood as their raw material.

Furthermore, forests provide many other valuable but non-tangible products and services. They absorb hazardous gases from the atmosphere, act as carbon sinks, maintain atmospheric temperature and humidity levels, increase precipitation levels, regulate ground water tables, and control soil erosion, silting of riverbeds and dams. Decayed forest material provides humus and increases soil fertility. Forests also act as environmental buffers regulating local temperature, humidity, precipitation, and climate. They have aesthetic value and bring people closer to nature. They are major tourist attractions and recreation centres with natural scenic beauty. Forests are natural habitats and niche areas for many micro and macro-organisms, plants, and animals. They are the home for many tribes all over the world and are major biodiversity reservoirs having climax communities.

IV. FOREST ISSUES

Over the course of thousands of years, human activity has gradually depleted the world's forests through burning, clearing, and cutting trees for various purposes such as fuel, agriculture, settlement, transport routes, dams, reservoirs, and industry.

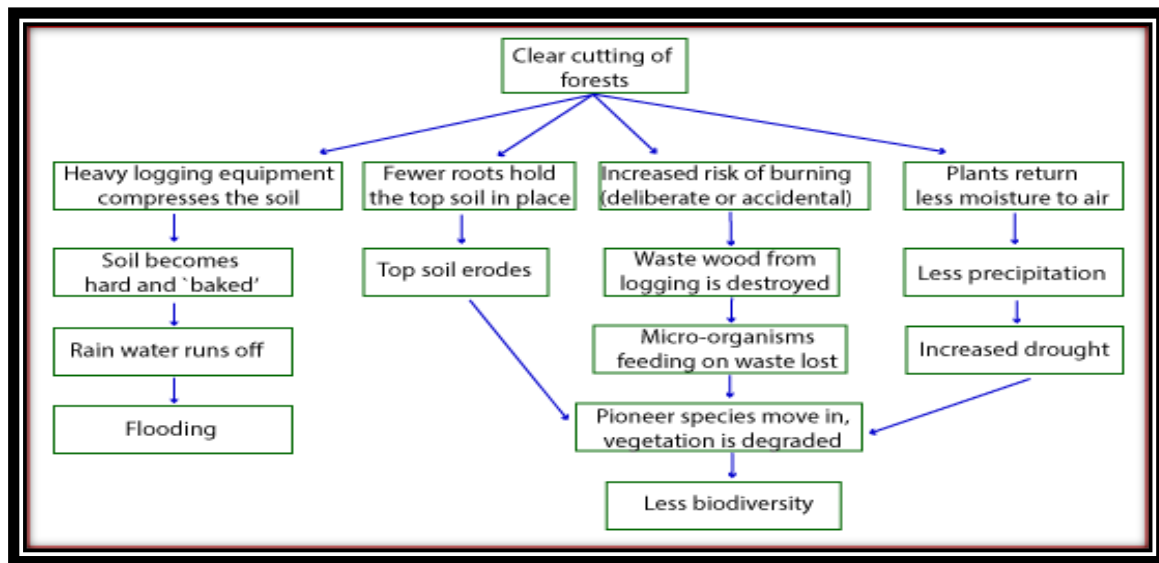


Figure 2: Consequences of deforestation

The process of deforestation has been exacerbated by population growth. Treating forests as an unlimited resource has given rise to several issues:

1. Overexploitation of forests results in their inability to regenerate naturally, ultimately leading to deforestation of the area.
2. Selective cutting of trees or species leads to forest degeneration by preventing the regeneration of those species.
3. Removing forest cover from mountain or hill slopes causes soil erosion and landslides.
4. Soil removed from land silt upriver beds, causing flooding, and reducing water navigation possibilities.
5. Deforestation has economic implications, as the supply of timber and various other forest products is disrupted.
6. In dry or seasonally dry regions, the danger of forest fires is high, which can destroy forest cover and hinder regeneration.
7. Each forest type is home to a specific community of plants, animals, and microorganisms. Forest removal destroys the natural habitats of these species.

V. CONSERVATION OF FORESTS

Forests play a crucial role in maintaining the natural balance of the earth and are often referred to as the "lungs of the earth". However, the negative impacts of forest depletion on the environment are becoming increasingly apparent, prompting governments and people worldwide to recognize the importance of protecting and promoting forest growth. To address the problems caused by forest depletion, the following steps can be taken:

1. **Afforestation:** Replanting forests that have been cut down for timber and planting trees on marginal crop areas, barren lands, and pasture lands can promote forest regeneration. Encouraging the growth of tree varieties with shorter growing periods and greater economic use and using trees as windbreaks in grasslands and for sand stabilization can also help to rehabilitate degraded lands.
2. **Improved cutting and lumbering practices:** Cutting only mature trees, weak or diseased trees can be helpful in regeneration and survival of forests. Replanting areas that have been clear cut with seedlings ensures rotation



and sustained yield. Using contour or strip cutting in traverse alignment with the wind direction on slopes and in areas of wind erosion is a good way to manage forests and soils.

3. Reduction of waste: Reducing wastage at the point of use in industrial plants and building sites can help conserve forests. Reusing and recycling paper, paper products, cardboard, and packaging materials can also lead to reduced waste. Developing technologies that use trees more intensively can also help conserve forests.
4. Protection from hazards: Forests need to be protected from fires, pests, and floods. A system of watch towers and air patrols can provide early warnings of fire outbreaks. Regular inspection, spray of insecticides, and protective measures can be taken to prevent the spread of pests and diseases.
5. Creation and implementation of forest-friendly programs, policies, and legislation: Governments can create and implement programs, policies, and legislation that promote the protection and management of forest resources.
6. Development of alternative energy sources: Developing local energy resources other than wood can provide alternative energy sources to the population and discourage the use of wood for fire.
7. Joint forest management through people participation: Community and social forestry programs can be made more popular through people's participation by preparing area-focused, need-based micro-plans and implementing them with the involvement of the people concerned.

VI. KEY TO ECOSUSTAINABILITY

The environment provides us with a range of goods and services that are essential for our daily lives. These natural resources include air, water, soil, minerals, climate, and solar energy, which make up the non-living or abiotic components of nature. The biotic or living elements of nature consist of plants and animals, including microbes. These living organisms can only survive in nature as communities of different organisms, all closely linked to each other in their own habitat, and require specific abiotic conditions. Different habitats like forests, grasslands, deserts, mountains, rivers, lakes, and the marine environment form specific niches for specialized communities of plants and animals to live in. The interactions between the abiotic and biotic elements of nature create different ecosystems.

Ecosystems emphasize the functional relationships among organisms and between organisms and their physical environment. These ecosystems act as resource producers and processors, with plants and trees being the primary producers of the food chain and various food webs. The protection of natural ecosystems and habitats is crucial as plant and animal species cannot live on their own but only survive in closely linked communities of life. However, due to unsustainable use, humans have overused and misused most of the natural ecosystems, turning once productive forests into deserts and increasing wastelands all over the world. This has led to ecological imbalances, causing many species to become endangered and facing extinction.

Forests are homes to many plants, birds, and animal species, and each forest type forms a specific habitat and niche area for a specific community of plants and animals adapted to live in it. Industrial revolution, green revolution, and technological advancements, through the clearing and removal of forests, have led to the exploitation and destruction of many varieties of these plants and animals, leading to ecological imbalances. Many species have become endangered and will be lost forever if not conserved.

The ecological advantages of forests include protection of water resources and safeguarding watershed areas, soil protection, flood control, provision of recreational and sporting facilities. Forest conservation invariably leads to wildlife conservation. It is essential to manage human use of the biosphere in a way that it may yield the greatest benefits to the present generation and meet the needs and aspirations of the future generations. The preservation, maintenance, and restoration of the forest cover are necessary, as the loss of trees means the loss of crucial ecological services.



The land ethic put forward by Aldo Leopold affirms the right of all resources, including plants, animals, and earth materials, to continued existence. This ethic effectively changes the role of humans from conquerors of the land to protectors of the environment. This new role requires that we respect and love nature. Ecological ethics limit social as well as individual freedom of action in the struggle of existence. The land ethic puts humans as the stewards of nature, with a moral responsibility not only to other individuals and society but also to plants, animals, and the environment. Our survival depends on safeguarding the various physical and biological elements of nature, as this will maintain the ecological balance necessary for the growth and sustenance of life on the planet. Environmental ethics involve the rights of future generations and call for a development that meets the needs of the present without compromising the ability of future generations to meet their needs. Policy makers need to formulate plans to control technological materialism, economic overexploitation, and diminishing resources, which are creating pressures on local ecosystems and leading to ecological imbalances.

VII. CONCLUSIONS

The importance of forests as a tool for preserving biodiversity and ecological balance in an ecosystem is now recognised on a global scale, and attitudes towards their use are evolving. In order to use forests more effectively for a region's social and economic advancement, as well as to provide alternatives that are more flexible, environmentally friendly, and will lead to the region's sustainable development, providing a quality environment not only for the present but also for future generations, the forest areas are increasingly being carefully governed by conservation and protection regulations.

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